

Kara Szumski

Acupuncture & Traditional Asian Medicine

Kara Szumski has been practicing Acupuncture and Traditional Asian medicine for over 20 years. In addition to studying with numerous masters in the field, Kara began her training at the New Zealand School of Acupuncture and Oriental Medicine and completed her graduate work through the New England School of Acupuncture and Oriental Medicine. Kara received her doctorate for Pacific College of Health and Science.

Kara specializes in Chinese & Japanese Acupuncture, Asian Herbal Medicine and other Asian techniques that foster natural health and healing. Her unique combination of education and experience enables her to create an individualized healing path for each client.